

# Editorial

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Heraclitus the Greek philosopher, known for his doctrine of change being central to the universe, once famously said that ‘...all is flux, nothing is permanent except Change!’ And how true is that, that the only catalyst to improvement is Change. The Japanese have a term called “Kaizen” which means continual improvement. It is a never-ending quest to do better and you do better by only changing. Standing still allows your competitors to get ahead of you. Today’s world is highly competitive, and thus change must be a naturally occurring activity in any growing organization or field of work. The way to survive and improve is to reshape to the needs of a rapidly changing world. People tend to get comfortable performing tasks and processes in a particular manner and this comfort provides them with the security that they are the masters of their environment. Some of the things that cause them to fear change include a dislike of a disruption in their lives; but instead change provides new opportunities. Although there will be confusion and despair initially, there will also be hope and excitement at the end. Old ideals and processes must be shunned so that new ones may be learned. Often, getting rid of the old ideas is just as difficult as learning new ones due to the ‘power of habit’.

The reason I am sermonizing on Change is because this is my last issue as Editor, after 5 years. And I am an ardent proponent of a regular change in guard in any sphere of life. Because new minds bring in new ideas which are only beneficial to the work involved. It has been a wonderful journey during these last 5 years; a journey from scratch, with unrelenting support of an enthusiastic Dean and encouraging Management.

The idea of coming up with an institutional journal was to encourage students first to develop research writing skills, to teach them how to think critically about a topic and to coherently express their understanding, analysis and conclusions about a topic. This once learnt, helps disseminate knowledge and inculcate a scientific temper on campus. We have managed to more or less achieve that goal of developing a scientific bent of mind amongst our students. We have been fortunate also to have international contributors add value to that vision. The Journal has been consistent and progressive but as Robert Frost would say, we have miles to go before we sleep, and miles to go before we sleep.

As I hand over charge to the new editor, the only advice I would have for her is again Kaizen, that, may this journey always be a continuous process of improvement!.

**Richard Pereira**

Professor, Department of Periodontics  
MGM Dental College and Hospital  
Navi Mumbai, Maharashtra, India